



# Introductory Guide

Here are some tips and helpful facts for our Polo attendees!

## The Basics

The object of the game is to move the polo ball down-field and hit it through the goal posts for a score.

Teams change goals after each score in order to compensate for field and wind conditions.

A polo match lasts about an hour and a half and is divided into timed periods called chukkas. Each Chukka is seven minutes long.

During half time, spectators go onto the field to participate in a tradition called "divot stomping" to help replace the divots created by the horse's hooves.

## Polo Ponies

Although they are not recognized as a distinct breed, polo ponies are truly unique horses that combine the traits of a number of breeds. Next to a player's skills, the polo pony is the most important factor in polo. Many times, the pony is the single greatest determination of the outcome of the match.

The equestrian sport of polo demands the quick burst of speed seen in Thoroughbred horses. The complexity and strategy of a polo match requires the intelligence of Arabian horses, and the rapid turn of play in pursuit of the ball necessitates the agility of Quarter horses.

## Spectator Tips

- Bring chairs and/or blankets if not provided in your box
- Pop-Up tents are encouraged for sunny days; must be staked down.
- Bring a picnic & cooler
- For safety, please stay behind the second white sideline while ball is in play!
- Stomp the "non-steaming" divots at half-time.
- Bring binoculars, a camera, sunglasses, and sunscreen.
- Use provided trash bags to clean up after yourself & your dogs
- Take Your Trash With You

More Information at: [DAMAR.ORG/POLO](https://damar.org/polo)

