

## CYO Wraps Up Summer Sessions

The Good Shepherd Catholic Youth Organization's (CYO) 34-year tradition of volunteering at Damar continued this summer with some familiar activities and a few new ones.

With a greater emphasis on physical recreation, the group spent the bulk of their time hosting Monday evening basketball sessions for the young men. They brought a new experience to the lives of the young ladies by introducing them to yoga with the help of **Maureen Barclay**, better known as **Yogini Mo**.

Regular participant Libbi who had practiced yoga in the past, really enjoyed attending the hour long sessions that always ended with a fun group dance based on Native American rituals.

"Learning new moves was fun," said a smiling Libbi. "Yogini Mo made it fun and taught us a lot."

The group also hosted an afternoon of BINGO on July 26. They ended the summer sessions with a full back-to-school wrap up day where they hosted a cookout luncheon followed by a puppet show presented by **The Rainbow Junction Players of St. Andrew United Methodist Church**. The teenage clients had the opportunity to show off their dance



**Volunteer yoga instructor, stretches out before preparing to teach.**

moves following the puppet show as CYO hosted a back-to-school dance. All of the day's participants were given a notebook and stickers to design their own special notebook for use this school year.

The fall CYO sessions will include another afternoon of bingo, more basketball and possibly yoga as well as the annual Halloween Hayride.

### Mark Your Calendar Upcoming Special Events

Wednesday, Sept. 9, 2009 • 6:30-7:30 p.m.  
Scrapbooking for GTU-R and Girls Base

Saturday, September 12, 2009 • Noon  
Mid-West Motorcycle Picnic & Ride

Sunday, September 13, 2009 • Noon  
Rain Date for Mid-West Motorcycle Picnic & Ride

Saturday, September 19, 2009 • 9 a.m.  
University of Indianapolis Day of Service

Friday, September 25, 2009 • 6:30 p.m.  
First Free Will Baptist Church Beauty Day

*"I can't be found in myself; I discover myself in others. That much is clear.  
And I suspect that I also love and care for myself in others."  
– Hugh Prather, author of Notes to Myself.*

## Good Luck, Molly!



For the past two years, Molly Wells has served Damar well as our Volunteer Resources and Special Events Coordinator. Her dedication and talents have enabled Damar to provide an array of special events and activities for Damar clients, volunteers and staff; and to increase the number of volunteers who come to Damar to make a difference.

It is with mixed feelings that I announce that Molly has recently accepted a teaching position at Damar Academy, and will begin her new role in early September. Molly shares a special bond with many Damar clients, and this opportunity allows her to have a greater impact on their lives. We will sincerely miss having her as a member of our department, and wish her the very best of luck in her new position.

I am currently seeking applicants for the Volunteer Resources and Special Events Coordinator, and hope to fill this position in the very near future.

During this interim period, please direct all phone calls and correspondence to me. I can be reached at [donnas@damar.org](mailto:donnas@damar.org) or 317.856.5201.

Sincerely,

**Donna Stutler**

Volunteer Resources Director

**For more information.  
Visit us on the web at  
[damar.org/volunteer](http://damar.org/volunteer)**

**Molly,  
We will miss you!**

## Guild Upcoming Special Event

For the third time in the last 10 years, the Damar Guild has had the privilege of paying off a \$100,000 pledge to benefit Damar. This level of support is possible only because of generous donors like you attending Damar Guild events.

If you're looking for a unique opportunity to support Damar, be sure to join your friends for the upcoming Damar Guild Dinner Dance. The "I ♥ Damar" Dinner Dance will be held in late February 2010. With your support, this traditional event can be the best dinner dance the Damar Guild has ever hosted!

At a time when many Guilds and women's auxiliaries are shrinking, the Damar Guild continues to remain strong and growing. Unfortunately, the needs of children and adults served at Damar continue to outpace the growth of the Damar Guild.

To provide an introduction to the mission and members of the Damar Guild for those interested in membership, the Guild hosts



# DAMAR GUILD

monthly social meetings. If you're looking for a new opportunity to join a group of fun, professional women joined together to make a positive impact in the lives of the children at Damar, then you should join us for one of our upcoming meetings.

For more information about attending an upcoming Guild meeting or the "I ♥ Damar" Dinner Dance, contact Damar Guild Liaison Donna Stutler at 317-856-5201 or [donnas@damar.org](mailto:donnas@damar.org).

## Special Thanks Due

On Aug. 3 volunteers participating in IUPUI's Student Leaders Day of Service played kickball and then assisted maintenance with refreshing mulch.

Employees of UPS cleaned the Main Street group home on Aug. 8.

After wrapping up their playing season, the ladies of the Camby Chaos Softball Team hosted a cake reception, dance and awards session on Aug. 22.

Students participating in Butler's Bulldogs Into the Streets (BITS) event joined the recreation team by participating in Damar Academy gym classes on the afternoon of Aug. 25. Following the gym classes, the group assisted in cleaning around the pool.

Employees of Citizens Energy Group participating in the United Way's Day of Service volunteered on Aug. 28 in the Recreation department.

# Volunteer Success Story

In 2005, Nancy Lippens began gracing Damar with her volunteer presence by working with the younger boys on what was then called the Early Intervention Unit (EIU). The important bonds she made with the boys and staff on the unit filled the void that was once filled by her nursing career.

During her time as a volunteer on EIU, Nancy had the opportunity to take part in many special activities. Her favorite was the campouts she participated in at Jellystone Park in Northern Indiana.

“The boys were always so excited to try new things like the paddle boats and I loved being there for those new experiences,” said Nancy smiling.

Over the years, Nancy has volunteered in many other areas such as in nursing taking heights and weights and at some of the transition homes. Last year, Nancy started a new voyage on her volunteer journey when she became the unit volunteer on Damar’s Autism Support Unit – Left (ASU-L) for young boys.

“ASU-Left has been my favorite because the boys are very active, but very affectionate young men,” laughed Nancy

Nancy also attributes her love of volunteering with the children with autism to likenesses with her son Andy, a client in Damar’s Community Living and Support Services program for adults.

“Nancy is the grandmother of our unit,” said Cindy Hodge,



## Nancy always volunteers her time with a smile

manager of ASU-L. “She nurtures the clients and gives them the love and attention they need. Her gentle spirit and kind heartedness shines through and makes them feel important.”

When Nancy is on the unit, she often plays games with the clients, makes homemade snacks and enjoys reading books to them. Nancy’s presence and time allows staff on the unit to provide other clients with the support and attention they need.

Anyone interested in finding out more about the opportunity to become a unit volunteer should contact Donna Stutler at [donnas@damar.org](mailto:donnas@damar.org) or 317-856-5201.

## GivingBack

Thank you to the following volunteers for “giving back” in JULY 2008 by contributing 4837.8 hours.

Lisa Adcock  
Bonnie Allen  
Samantha Amick  
Chris Baire  
Pam Ball  
Hannah Bennett  
Brenda Bland  
Amanda Budhi  
Luther Budhi  
Christine Byrer  
Hailee Carter  
Jenna Castner  
Chris Chapman

Mary Clifford  
Amanda Colbert  
Chelsea Crago  
Sarah Cravens  
Christine Crewse  
Alexa Davis  
Arthur Dodson III  
Meagan Edwards  
Colleen Fly  
Jennifer Foster  
Ashley Fuhrman  
Stephanie Garner  
Claude Goguen

Amanda Hanley  
Robin Heuss  
Rachel Hinesley  
Barb Hittle  
Janell Holstead  
Roxanne Hood  
Lauren Hunter  
Polly Keown  
Jamie Kitron  
Pete Koers  
Christine Kuo  
Jessica Lackner  
Marty Lindgren

Chuck Lippens  
Nancy Lippens  
Kristen Louck  
Megan Miller  
Danielle Montoney  
Diviya Moorjani  
Andrea Newkirk  
Gina Nicolini  
Stephanie Nicolini-Borem  
Kathy Niswander  
Nicole Palmer  
Jamie Petty  
Robbie Ritter

Mary Ruble  
Jessica Sacks  
Renu Samra  
Jeff Schabel  
Toni Schabel  
Betsy Shaw Elsasser  
Greg Smith  
Laura Smith  
Jason Smock  
Chris Spangler  
Laura Stahly  
Alexandra Stanich  
Rachel Stewart

Shannon Stone  
Rebecca Sutton  
Debbie Swinney  
Greg Swinney  
Cole Uebelhor  
Carley Wallace  
Lori Waugh  
Stephanie Weber  
Jill Wichman

### Groups

BKD Summer Interns  
Crossing Mission Group  
Eli Lilly Employees  
Mission Indy

Breakaway Students  
Decatur Central High School  
IUPUI E201  
Salvage Yard Christian Church

Camby Chaos Softball Team  
Girls Soccer Team  
Lifesong Student Choir

Catholic Youth Organization (CYO)  
Duke Energy Interns and Employees  
Mighty Hands Puppet Team

**Remember . . .**  
Please turn in your August  
volunteer/intern hours by  
SEPTEMBER 5, 2009

Damar Services, Inc.  
6067 Decatur Blvd  
Indianapolis, IN 46241



## September Volunteer Spotlight Opportunity:

Clerical staff is always appreciated during the fall and winter months. If you have time, to give a couple hours to stuff envelopes, make phone calls, filing, etc., please give Donna Stutler a call at 856-5201 or [donnas@damar.org](mailto:donnas@damar.org).

## Ways to Give to Damar:

**Adopt a residential unit or transitional living home and provide monthly surprises, parties or celebrations for the children or young adults who live there.**

Contact Donna Stutler at 317.856.5201 or [donnas@damar.org](mailto:donnas@damar.org).



## Help Damar turn over a new leaf.

Sign up today to receive Damar's news and announcements via e-mail.

[www.damar.org/joinourmailinglist](http://www.damar.org/joinourmailinglist)



If you are receiving this newsletter by mistake or no longer wish to receive it, please contact Donna Stutler at 317.856.5201 or [donnas@damar.org](mailto:donnas@damar.org).