

A Way to Give Back

Have you been looking for a way to give back to the community? Do you have a minimum of 10 hours a month to volunteer? Would you enjoy making a difference in the life of a child or adult with developmental and behavioral challenges? Damar Services may have the perfect opportunity for you!

The volunteer resources department is currently seeking one-on-one volunteers to be paired with a child or adult in need of support. There are currently 23 individuals serving as one-on-one volunteers. However, more than 30 deserving clients are waiting to be matched with a volunteer.

"Many of the children we work with lack positive social supports," said Tiffany Lee, Young Boys' Services counselor. "The therapeutic benefits of having a one-on-one volunteer include the child developing an increase in self-esteem, confidence, and feeling supported during treatment."

Clients also benefit from having positive support outside of Damar, said Hannah Shepple, another Young Boys' Services counselor.

"They learn what a healthy relationship looks like and how to communicate their wants and needs," she said. "Many of our clients improve behaviorally from having a positive role model who can show them how they should act in the community and help



One-on-one volunteer Pam Ball (c.) enjoys spending time with sisters Rebecca (l.) and Nancy (r.), clients in Damar's CLASS adult program.

them with the challenges they face."

The one-on-one program began in 2002. It was developed for clients with little or no family contact so they could have a positive role model.

One-on-one volunteers are required to make a one-year commitment of spending 10 hours a month with the child or adult they are matched with. If you or someone you know would be interested in becoming a one-on-one volunteer, please contact Donna Stutler at donnas@damar.org or 317.856.5201.

Mark Your Calendar

Upcoming Special Events

Saturday, May 9, 2009 • 12:30 p.m.
UPS Work Day at Main Street

Wednesday, May 13, 2009 • 6:30-7:30 p.m.
Scrapbooking for GTU-R, Girls Base and Bradford

Thursday, May 14, 2009 • 2:30 p.m.
Volunteers Prepare Girls for Prom

Sunday, May 17, 2009 • 2:30 p.m.
Original Circle City Corvette Club in conjunction with local Viper Club host Car Show

Wednesday, May 20, 2009 • 3:30 p.m.
Girl Scout Troop 1955 Hosts Play

Wednesday, May 20, 2009 • 6-7 p.m.
Camby Chaos Pen Pals

"It is one of the most beautiful compensations of this life that no man can sincerely try to help another without helping himself." – Ralph Waldo Emerson

Beach Blanket Bingo!



Who doesn't love sandy beaches on a warm summer day?

The Damar Guild is currently working on their upcoming Beach

Blanket Bingo fundraising event, which will be held on June 26 at the Northside Knights of Columbus, 2100 E. 71st St. in Indianapolis.

More than 200 guests attended the Guild's first bingo event last fall and everybody had a great time. Many high quality door prizes were given away and some guests also won big with tip boards and raffles. We are hoping to have at least 300 people at the Beach Blanket Bingo event next month, and I sincerely hope you are among those to participate in this exciting occasion.

Join the fun! Invite your family and friends, and reserve a group of tables for your crowd.

The Guild purchases birthday gifts, sponsors events, and assists with the purchase of large items that benefit the hundreds of children and adults served by Damar. We hope to see as many of you as possible.

For more information, comments, suggestion or questions, please contact me at donnas@damar.org or call 317.856.5201. Thanks for your continued support.

Sincerely,

Donna Stutler

Volunteer Resources Director

CHECK OUT DAMAR GUILD'S NEW LOGO!



Scrapbooking Leads to Success

In January, **Jill Wichman** became a part of the lives of the eight young ladies living at Bradford group home. Wichman became affiliated with Damar when she worked as a summer teacher several years ago. Her fond employee memories led her to choose Damar when she was seeking a volunteer opportunity.

Jill decided to combine her talents and ability to give time by volunteering as the house volunteer at Bradford on Wednesday evenings. This also allowed her to be a part of the Scrapbooking Club, which meets monthly.

When Jill is at Bradford she does all types of activities with the girls. They work on scrapbooking, craft projects, play games and enjoy being silly. She also helped the girls choose their dresses for Damar's prom.

According to **the** manager of Bradford, volunteers bring out the best in the girls.

"There is more positive interaction and socialization with their peers and staff," she said.

Volunteers like Wichman are an important part of the therapeutic process for the clients Damar is privileged to serve.

"Volunteers are able to just have fun with the



Jill and Bradford client Jenne enjoy scrapbooking together.

clients," said **Mary Rembusch**, a Damar mental health therapist. "They provide the girls with the opportunity to interact with people who model important life lessons and appropriate adult behaviors."

"If you volunteer, it will be hard to leave," Wichman said. "I will look forward to each visit."

Anyone interested in becoming a house or unit volunteer should contact Donna Stutler as donnas@damar.org or 317.856.5201.

Special Thanks Due

At Damar we appreciate all of the time our groups give and hope they will return in the future.

Ladies from **IUPUI, Salvage Yard Christian Church, Franklin Grace United Methodist Church, Catholic Youth Organization CYO** and more assisted girls with the prom dress shop on April 8.

Butler University's Delta Tau Delta and **Alpha Phi Omega** sponsored a Bowling Night at Western Bowl on April 10. The men of Delta Tau Delta continued the Thursday night basketball games with the adolescent boys throughout April.

Heaven Sent Clown Ministries led by **Mike Ellington** performed their new spring show on April 11.

Catholic Youth Organization CYO and others from the community helped young men at Damar choose their prom attire on April 15.

Covenant Christian High School participated in the school's annual Gone Servin' Day on April 24. The group helped in maintenance and recreation.

Community volunteers participating in **United Way's Youth Day of Caring** on April 25. The group played kickball.

Catholic Youth Organization CYO led by **Bernie Price** hosted a movie afternoon on April 26.

Mt. Pleasant Baptist Church youth volunteered on April 29 to play kickball and create sidewalk art.

Volunteers from the local community assisted the Wellness Committee with the annual Wellness Fair on April 30.



**DAMAR
GUILD**

Beach Blanket



Friday, June 26, 2009

at the **Northside Knights of Columbus • 2100 E 71st St., Indianapolis, IN 46220**

Doors open at 6:30 p.m. • Bingo starts at 7:30 p.m.

PRIZES

Cash • Gift Certificates • Door Prizes • Lottery Tickets • And More!

TICKET PRICES

\$100 per couple includes

Name in Event Program and 2 Tickets

Bingo • Dauber • Sandwiches • Snacks • Beer/Wine/Soft Drinks

or

\$35 per person includes

Bingo • Dauber • Sandwiches • Snacks • Beer/Wine/Soft Drinks

(Must be 21 to attend)

RSVP BY MONDAY, JUNE 15, 2009

Tickets — Allyson Wells at 317.856.5201 or allysonw@damar.org

Sponsorship Information — Sarah Ducker at 317.308.7498

or sducker@inventivclinical.com



Sponsored by the ladies of Damar Guild, Inc.

GivingBack

Thank you to the following volunteers for "giving back" in MARCH 2009 by contributing 2182.5 hours.

Lisa Adcock
Pam Ball
Jamie Beko
Brenda Bland
Amanda Budhi
Luther Budhi
Elizabeth Castrole
Donna Clair
Heather Cook
Alison Copeland

Sarah Cravens
Christine Crewse
Chelsea Crago
Rachel Davidson
Bob DeBolt
Jennifer DeBolt
Diana Douglas
Colleen Fly
Rebecca Franklin
Asiah Gayfield

Stephanie Garner
Claude Goguen
Heidi Gorman
Laura Gries
Meredith Heighton
Robin Heuss
Melissa Hill
Rachel Hinesley
Barb Hittle
Jenell Holstead

Roxanne Hood
Sheila Jones
Scott Keillor
Polly Keown
Jamie Kitron
Pete Koers
Erin Kujawski
Krisy Mahome
Danielle Montoney
Gina Nicolini

Jamie Petty
Steffanie Phillips
Nicole Roberts
Robbie Ritter
Miriam Savage
Jeff Schabel
Toni Schabel
Ashley See
Betsy Shaw Elsasser
Shannon Shears

Greg Smith
Laura Smith
Levi Smith
Rebecca Sutton
Debbie Swinney
Greg Swinney
Stephanie Weber
Lacy Werner
Jill Wichman
Kristin Williams

Groups

Butler's Delta Tau Delta
Grace Community Church
Peace Makers Club IPS 49
Southeast Neighborhood School of Excellence

Butler's Junior Class
UPS
Starfish Initiative

Camby Chaos Softball Team
IU School of Dentistry Students
Salvage Yard Christian Church
Center United Methodist Church Women's Group

Catholic Youth Organization (CYO)
Starfish Initiative

Remember . . .
Please turn in your April
volunteer/intern hours by
MAY 5, 2009

Damar Services, Inc.
6067 Decatur Blvd
Indianapolis, IN 46241



NEEDED: Prom Helpers

Women interested in helping female clients prepare for the prom are needed on May 14 from 2:30 to 5:30 p.m. Volunteers will assist with styling hair, applying makeup, painting nails and jewelry selection. Anyone wishing to volunteer on prom day should contact Molly Wells at mollyw@damar.org no later than May 5.

Got an interesting hobby?

If you enjoy music, art, baking, crocheting, photography or have another interesting talent, consider sharing it with the children at Damar or teach the kids about it and how to do it.

Contact Molly Wells
at 317.856.5201 ext. 238 or mollyw@damar.org

Upcoming Volunteer Events

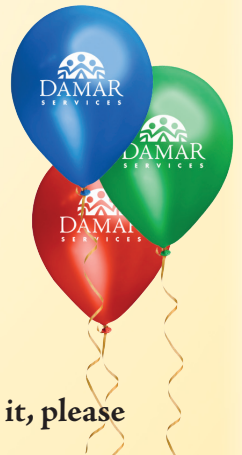
WILD WEST DAY

Saturday, June 13 • Have a rootin' tootin' good time while making a positive difference in the lives of the cowboys and cowgirls at Damar. Volunteers are needed to assist with face painting, potato sack races and other western-style games at our 17th annual barbecue cookout. Live band. Free lunch. Contact Molly Wells at 317.856.5201 or mollyw@damar.org. **Noon, Damar Services, 6067 Decatur Blvd., Indianapolis.**



FAIR DAY

Tuesday, July 21 • Come one, come all to our 15th annual summer fair, complete with carnival games, face painting, elephant ears and lemon shakeups!. Contact Molly Wells at 317.856.5201 or mollyw@damar.org. **1:30 p.m. Damar Services, 6067 Decatur Blvd., Indianapolis.**



If you are receiving this newsletter by mistake or no longer wish to receive it, please contact Molly Wells at 317.856.5201 ext. 238 or mollyw@damar.org.